

CORONA Measures in my practice

(update Nov 2020)

- Appointments are at least 30 minutes spaced.
- Come approximately 5 minutes before the appointment and come alone.
- Separate entrance and exit available.
- Treatment massage table and used materials are cleaned / disinfected after every treatment. The practice is also ventilated before your treatment takes place.
- During the treatment you do not have to wear a face mask, unless you prefer to.

I wear a medical face mask during your treatment.

Please note: as of December the 1st 2020, it is obligated for both client and therapist (contact professions and healthcare professionals) to wear a face mask.

- Disinfection materials, such as hands-disinfectant are available.
- Clean covers, towels and face covers are provided and are replaced after each client. If desired, you can bring your own cover and towels.
- If in the meantime one or more of the following * complaints arise with you or your housemate (s), stay at home and cancel the appointment. (* Headache, sneezing, coughing, fever, shortness of breath, abdominal complaints)

(see RIVM measures below)

For questions you can reach me on 0630111133 (sms, whatsapp and tel).

Jagoda Rodic

Orthopedic Massage Therapist



Check: Ask your customer the following questions:

Did you have one or more of the following symptoms in the past 24 hours ?



Coughing



Symptoms of
a common cold



Fever or elevated
temperature



Shortness of
breath

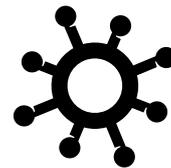


Loss of taste
and smell

Does anyone in your household have mild symptoms accompanied by fever or shortness of breath?

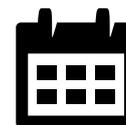


Have you had a novel coronavirus infection (laboratory-confirmed in the past 7 days)?



Does someone in your family or household have a COVID-19 infection, and have you had close contact with them in the past 10 days while they still had symptoms?

10 days



Are you in quarantine because you have:

- had close contact with someone with a confirmed COVID-19 infection?
- been in a COVID-19 high-risk area?*
- because you received a notification from the Coronamelder-app?



*If you answered yes to one or more of these questions,
do not make an appointment, or cancel your appointment*